



Summary of Phase I and Phase II

Information	Phase I	Phase II
Who	<p>Growing Wapello Together is a group that has been meeting since September of 2013 focused on serving Wapello County. Currently the core Working Group is comprised of Leadership from:</p> <ol style="list-style-type: none"> 1. Sieda 2. Public Health 3. United Way 4. Community Services 5. ISU Extension 6. Lord's Cupboard 7. Food Bank 8. Market on Main 9. WIC Coordinator <p>Former members: Hy-Vee Salvation Army</p>	<p>In Phase II we continue to have the same Working_Group who are the assigned leaders of action items. We also are engaging the group below to discuss a food hub that employs a Food Systems Coordinator to address food desert and food insecurity and food related coordination issues.</p> <p><u>Food Hub Advisory Group:</u></p> <ol style="list-style-type: none"> 1. Ottumwa Mayor 2. Legacy Board Chair and CEO 3. Food Bank Board Chairs and Director 4. ISU Extension Leadership 5. Tenco Food Growers 6. County Conservation 7. United Way Board Chair and Ottumwa Works Factory Manager 8. Market on Main Director
What	<p>Growing Wapello Together is a community collaborative. We are not currently a non-profit organization. We are focused on improving food deserts and food Insecurity.</p> <p><u>Food Deserts:</u> An area that is without access to fresh healthy affordable food (Geography and grocery store placement...can be rural or urban)</p>	<p>Phase II is Focused on Actions. In January and February 2015 Growing Wapello Together Consortium Members participated in a two day consensus building strategy selection process where community owned and lead action items were established. The action items came from the community conversations, research, and working group input. These 6 items are led by a working group member and have 6, 12, and 18 month bench marks.</p> <p>During monthly meetings we also get updates on other activities that address food desert and food insecurity related issues.</p>

Food Insecurity: Individuals that are unable to obtain fresh healthy food to maintain an active and healthy lifestyle (mainly an economic or financial issue but food desserts can play into this)

Working Group met to determine:

1. **Understanding the problems**: What problems were we trying to address and what are contributing factors
2. **Identify the Assets**: What assets or resources do we have, who can use them, when are the programs, who are the contacts
3. **Where**: Where was the problem happening and what was the impact?
4. **Solutions**: Prioritize and determine some immediate, short term and long term solutions.

In Phase I We Accomplished:

1. Asset Mapping- after meeting, discussing, and information gathering we learned about 24 programs that can help people affected by food deserts or food insecurity in Wapello County
2. Research- Block by Block analysis with Mari Gallagher Research and Consulting Group to see the effects of our food environment on our health using Ottumwa Schools and River Health Data. Statistically significant relationship on distance to/from healthy mainstream store and convenience store on:
 - a. Diabetes,
 - b. BMI,

<u>Action Item or Community Update</u>	<u>Name</u>	<u>Working Group Team Leader</u>	<u>Food Category</u>
1	Expand and increase attendance of Summer Feeding Programs	Vernon Trucano and YMCA	Food Security
2	Provide transportation to mainstream grocery	Cindy Meiners and Grocers	Food Desert
3	Form a knowledge hub: Desiree Johnson on United Way 211, Amber Payne Food Hub	Jennifer Vitko, Desiree Johnson, Food Hub	Food Security
4	School Gardens and Food Corps Members	Jennifer Daugherty	Food Security
5	Improve Nutrition and Preparation of School Meal	Joyce Lash,	Food Security
6	Food Education - <i>Food Engagement Action Team- Increase knowledge of healthy food and skill of food preparation</i>	Lynelle Diers	Food Security
<i>Sieda</i>	<i>Share Program and Poverty</i>	<i>Brian Dunn-Sieda</i>	Food Security
<i>Pantries</i>	<i>Wapello County Pantry Collaboration</i>	<i>United Way</i>	Food Security
<i>Food Bank</i>	<i>Free Produce Pick Up, Senior Food Box Program, Back Pack Program</i>	<i>Neal Abbott</i>	Food Security

	<p>c. Grades, and d. Height</p> <p>1. <u>Community Conversations</u>- Our group used the EveryDay Democracy Model to help engage the community to learn more about the problems they are facing and how to address those problems with solutions. We held a summit to prioritize the solutions.</p> <p>2. <u>Report</u>- In our Phase I report, we "published" our findings from our research, our results from community conversations, and our opportunities</p> <p>3. <u>Solutions</u>- Connectivity of crucial community partners allowed for innovative problem solving. Helped to create: Free Produce Pick up at Food Bank with collaboration of Salvation Army, Legacy Foundation, and Job Corps and Free Rides to Hy-Vee North on Fridays</p>	<table border="1"> <tr> <td data-bbox="957 73 1157 185"><i>Market on Main</i></td> <td data-bbox="1157 73 1535 185"><i>Educational Cooking Classes and Entrepreneurial Activities</i></td> <td data-bbox="1535 73 1749 185"><i>David Camphouse</i></td> <td data-bbox="1749 73 1902 185">Food Security</td> </tr> <tr> <td data-bbox="957 185 1157 329"><i>Iowa State Extension</i></td> <td data-bbox="1157 185 1535 329"><i>Financial Coaching Program for low income or at risk individuals</i></td> <td data-bbox="1535 185 1749 329"><i>Joyce Lash</i></td> <td data-bbox="1749 185 1902 329">Food Security</td> </tr> <tr> <td data-bbox="957 329 1157 431"><i>Community Updates</i></td> <td data-bbox="1157 329 1535 431"><i>Blessings Soup Kitchen- Food Delivery and free hot meal site</i></td> <td data-bbox="1535 329 1749 431"><i>Sheri Locke</i></td> <td data-bbox="1749 329 1902 431">Food Security</td> </tr> <tr> <td data-bbox="957 431 1157 518"><i>United Way</i></td> <td data-bbox="1157 431 1535 518"><i>Community Gardens</i></td> <td data-bbox="1535 431 1749 518"><i>Desiree Johnson</i></td> <td data-bbox="1749 431 1902 518">Food Security</td> </tr> </table>				<i>Market on Main</i>	<i>Educational Cooking Classes and Entrepreneurial Activities</i>	<i>David Camphouse</i>	Food Security	<i>Iowa State Extension</i>	<i>Financial Coaching Program for low income or at risk individuals</i>	<i>Joyce Lash</i>	Food Security	<i>Community Updates</i>	<i>Blessings Soup Kitchen- Food Delivery and free hot meal site</i>	<i>Sheri Locke</i>	Food Security	<i>United Way</i>	<i>Community Gardens</i>	<i>Desiree Johnson</i>	Food Security
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When	Phase I Activities were from <i>Sept. 2013-December 2014</i>	Phase II Activities from: <i>Jan 2015- June 2016</i>																			
Where	Meetings were once a month, 3rd Tuesdays 9-11am at Hy-Vee North	Meetings are once a month, 3rd Tuesday at Sieda office on West Second St. from 9am-11am																			