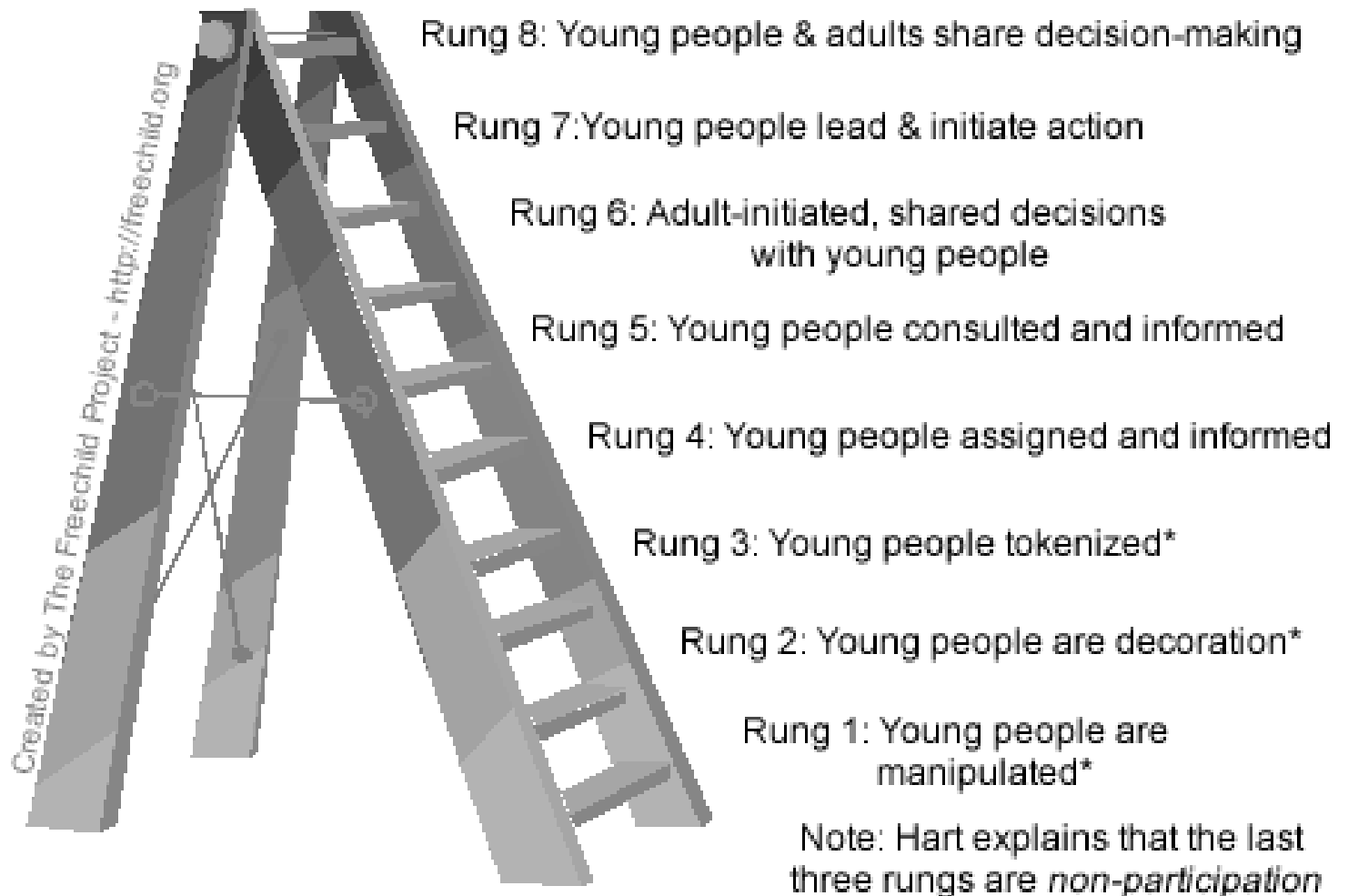


# Think back...

- Think back to an adult that supported you in the past (mentor, coach, teacher, etc.)
  - How did they support you?
  - How did they encourage you without imposing their own ideas?
  - How did they respond when you succeeded?  
Failed?

# Roger Hart's Ladder of Young People's Participation



Adapted from Hart, R. (1992). *Children's Participation from Tokenism to Citizenship*. Florence: UNICEF Innocenti Research Centre.

# Freedom Continuum



Not enough freedom  
(Lack of interest)



**Meaningful  
choices within  
supportive structure**



Too much freedom  
(Frustration)

# Youth Voice at Multiple Levels

